

Extension Activities of Department 2022-23

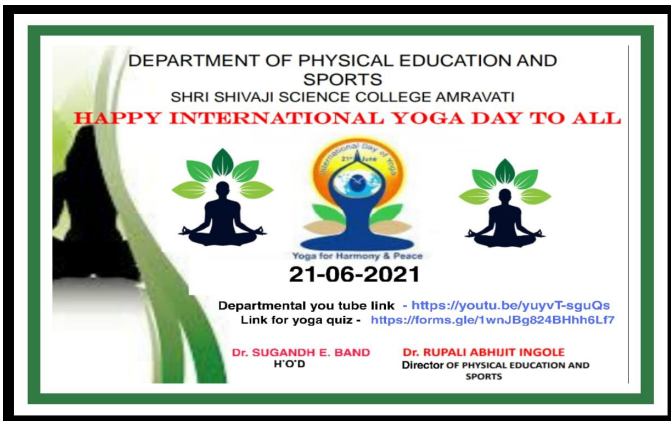
Department of Physical Education and Sports

Organizing International Yoga Day and national quiz Session 2020-21

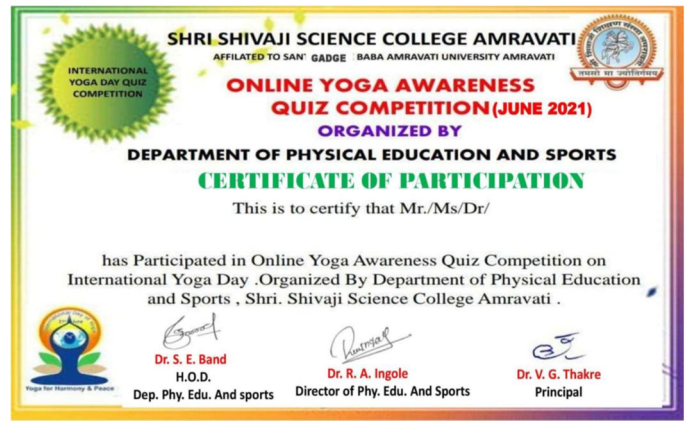
International Yoga Day was organized online this year as well as last year by the Department of Physical Education and Sports in colleges. The event was jointly organized by District Sports Office, Amravati and Shri Shivaji Science Mahavidyalaya, Amravati. . In which the teachers, non-teaching staff and students of the college also registered their participation online and completed all the yoga at home as per the guidance and registered their participation in the yoga practice. Of course, the International Yoga Day was justified by lectures on the unique importance of yoga during this Koruna period and its benefits and the consequent better physical and mental health.

To celebrate the International Yoga Day, various asanas and pranayamas were filmed by the college yoga expert Mr. Jadhav Sir and uploaded on the YouTube channel of the Department of Physical Education and Sports i.e. Shivaji Science Sports. Through which everyone was inspired to do yoga in the right way. Not only that, a different Marathi language video of all the yoga protocols published by Morarji Desai Yoga Institute by the Department of Physical Education and Sports was also made available to all the college members.

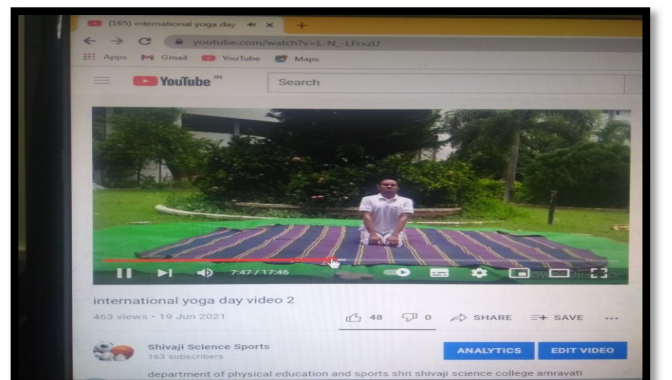
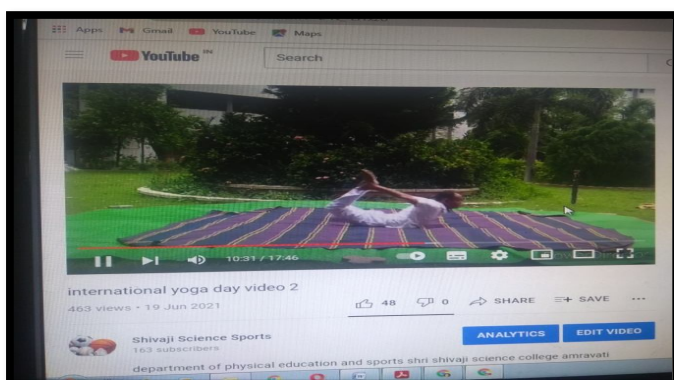
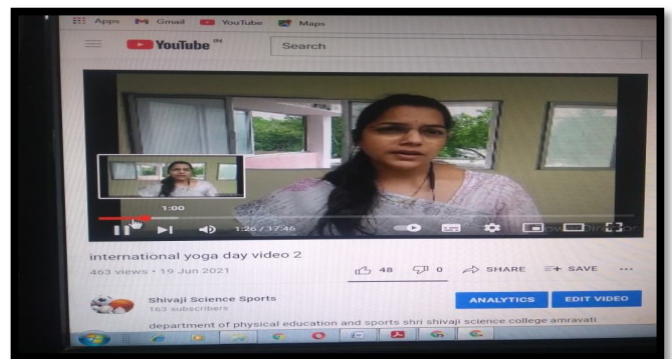
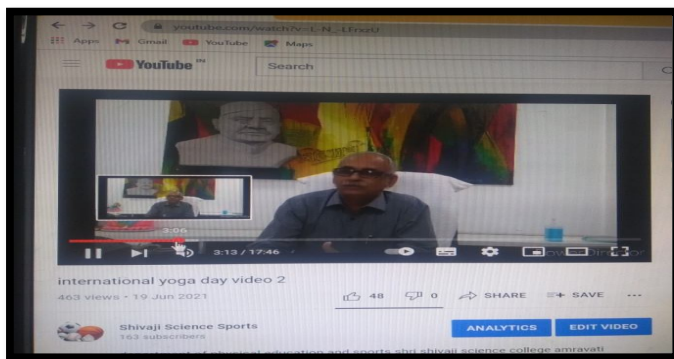
Program



Sample certificate



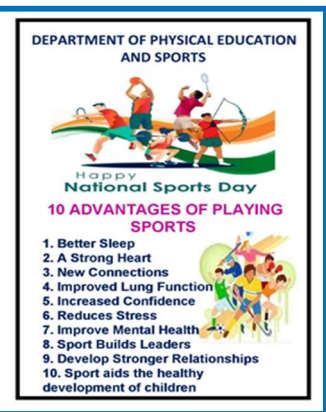
Program photo



Department of Physical Education and Sports Organization of August 29-2022 National Sports Day and sports awareness quiz compilation

Organizing National sports day 29 august 2022

On the occasion of National Sports Day on August 29, National Sports Day was organized in the colleges in memory of Major Dhyan Chand. During the celebration of the sports day, various sports events were also organized at the college level in which softball sports events were organized at Vidarbha level. 87 Students Were Presents For Sports Day Program .The said competition was conducted in nine teams invited from Vidarbha and the winners and runners-up of these competitions were honoured with cash prizes, badges and medals In the said competition Yavatmal team won the title while the host Amravati team reached the second position. The competition was inaugurated by the Secretary of the District Solar Association as well as the District Sports Officer Amravati while the Principal of Samaropus College Dr. G. V Korpe along with the Heads of all the departments registered their presence and congratulated them and wished them good luck for the future competitions.



INTRAMURAL BADMINTON TOURNAMENT FOR TEACHING AND NON-TEACHING STAFF OF COLLEGE

As a new activity in the college, this year inter-college Badminton competitions for teachers and non-teaching staff were organized by the Department of Physical Education and Sports in which all the faculty members and non-teaching staff of the college actively participated. The prize ceremony of the said competitions was conducted on 26th January in which all the faculty and non-teaching staff were honored by the college principal Dr. G.v. Korpe. This initiative was taken by the Department of Physical Education and Sports with the main objective that every person should be empowered through sports and should play at least one sport for their health.



Prize Distribution Ceremony of The Tournament on 26 -01-2023

